

37003

M.P.Ed. DEGREE EXAMINATION, NOVEMBER 2016.

THIRD SEMESTER

Paper III – SPORTS PSYCHOLOGY AND SPORTS SOCIOLOGY

Time : Three hours

Maximum : 75 marks

(No additional sheet will be supplied)

PART A — (5 × 5 = 25 marks)

Answer any FIVE questions.

Each question carries 5 marks.

Each answer should not exceed 2 pages.

1. Meaning and definition of sports psychology.
2. Motor learning and perception.
3. Explain types of motivation.
4. Meaning and types of anxiety.
5. Sports achievement motivation test.
6. Violence in sports.
7. Group cohesion and group interaction women in sports.
8. Women in sports.

PART B — (5 × 10 = 50 marks)

Answer ALL questions.

Each question carries 10 marks.

Each answer should not exceed 4 pages.

9. Explain present status of sports psychology in India?

Or

10. What are the factors affecting perception and perceptual mechanism?

11. What are the methods of measuring motivation anxiety, aggression and stress?

Or

12. Discuss competitive anxiety and sports performance.

13. Define stress, explain meaning and cases of stress.

Or

14. Explain about types of psychological test.

15. How can you justify those sports as social institution?

Or

16. Explain advantages and disadvantages of fans and spectators on sports performance.

17. What are the current problems in sports and future directions?

18. Explain gender inequalities in sports.

