

PAPER III – Test Measurement and Evolution of Physical Education

Time: 3 Hours

Max.Marks:75

(No additional sheet will be supplied)

PART – A (5 x 5 = 25 marks)

Answer any FIVE Questions.

Each question carries 5 marks

Each answer should not exceed 2 pages.

1. What is test? Write the importance of test in physical education?
2. Reliability of test?
3. Physical fitness?
4. Cooper test?
5. Muscular fitness test?
6. Aerobic capacity?
7. Skill test?
8. Borer Miller test?

PART – B (5 x10= 50 marks)

Answer all Questions.

Each question carries 10 marks

Each answer should not exceed 5 pages

9. Explain the need and importance of Evaluation in physical education?
(Or)
10. What are the criteria of good test? How do you establish the reliability and validity of test?
11. Explain and one cardiovascular test?
(Or)
12. Explain AAHPER youth fitness test?
13. Define motor ability? Explain Newton's motor ability test?
(Or)
14. Define motor fitness? Explain any one motor fitness test?
15. What is anaerobic capacity? Explain any one test?
(Or)
16. What is anthropometric measurement? Explain their importance?
17. Explain Johnson basket ball test?
(Or)
18. Explain MC. Donald soccer test?

